



Certificate of Analysis (COA)

Report Number: 25-525229
Report Date : 10/06/2025

1169 Warner Ave, Tustin, CA, 92780 Phone:714-259-0384

Customer* : Blueprint Bryan Johnson

Contact* : Blueprint Bryan Johnson

Samples Received : 09/18/2025
Start of Testing : 09/18/2025
PO Number : 02100

Phone* :

Sample Name : Omega 3 Capsules

Item # :

Lot # : 6112704

Lab # : 001

Test Code	Analysis - Method	Result	Spec
PES06	Pesticide Screen (Modified USP 561)	Completed	
NC	Acephate (LOD 0.01 mg/kg)	ND	Conform USP Pharmacope ial Residue Limits
NC	Alachlor (LOD 0.01 mg/kg)	ND	Conform USP Pharmacope ial Residue Limits
NC	Aldrin & Dieldrin (LOD 0.01 mg/kg)	ND	Conform USP Pharmacope ial Residue Limits
NC	Azinphos-ethyl (LOD 0.01 mg/kg)	ND	Conform USP Pharmacope ial Residue Limits
NC	Azinphos-methyl (LOD 0.01 mg/kg)	ND	Conform USP Pharmacope ial Residue Limits
NC	Bromophos-ethyl (LOD 0.01 mg/kg)	ND	Conform USP Pharmacope ial Residue Limits

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Billing Code	Analysis - Method	Result	Spec
NC	Bromophos-methyl (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Bromopropylate (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Chlordane (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Chlorpyrifos (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Chlorthal dimethyl (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Chorfenvinphos (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Cyfluthrin (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Cypermethrin (LOD 0.03 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	DDT'S (includes o,p'-DDT, p,p'-DDT, o,p'-DDE, p,p'-DDE , o,p'-DDD, p,p'- DDD) (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Deltamethrin (LOD 0.05 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits

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Billing Code	Analysis - Method	Result	Spec
NC	Diazinon (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Dichlorvos (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Dichlofluanid (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Dicofol (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Dimethoate & Omethoate (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Endosulfans (includes endosulfan I, II, sulfate) (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Endrin (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Ethion (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Etrimphos (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Fenchlorophos (sum of fenchlorophos and fenchlorophos-oxon) (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits

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Billing Code	Analysis - Method	Result	Spec
NC	Fenitrothion (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Fenpropathrin (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Fensulfothion (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Fenthion (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Fenvalerate (LOD 0.03 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Flucytrinate (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Fonofos (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Heptachlor (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Heptachlor Epoxide (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Hexachlorobenzene (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits

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Billing Code	Analysis - Method	Result	Spec
NC	Lindane (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Malathion & Malaoxon (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Mecarban (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Methacriphos (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Methidathion (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Methoxychlor (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Mirex (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Monocrotophos (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Parathion-ethyl & Paraoxon-ethyl (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Parathion-methyl & Paraoxon-methyl (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits

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Billing Code	Analysis - Method	Result	Spec
NC	Pendimethalin (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Pentachloranisol (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Permethrin (LOD 0.05 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Phosalone (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Phosmet (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Piperonyl butoxide (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Pirimiphos-ethyl (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Pirimiphos-methyl (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Procymidone (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Profenophos (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits

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Billing Code	Analysis - Method	Result	Spec
NC	Prothiophos (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Pyrethrum (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Quinalphos (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Quintozene (PCNB) (includes a-BHC, b -BHC, d-BHC) (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	S-421 (LOD 0.02 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Tecnazene (LOD 0.05 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Tetradifon (LOD 0.1 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Vinclozolin (LOD 0.1 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	gamma-Cyhalothrin (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	tau-Fluvalinate (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits

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Billing Code	Analysis - Method	Result	Spec
PHT01	Phthalates (GC/MS) SOP 3.2.65	Completed	Conforms to EPA/AHPA
NC	Benzyl phthalate (GC)	1022.76 ng/g	Conforms to EPA/AHPA
NC	Bis(2-ethoxyethyl) phthalate (GC)	ND (<2 ng/g)	Conforms to EPA/AHPA
NC	Bis(2-ethylhexyl) phthalate (GC)	847.41 ng/g	Conforms to EPA/AHPA
NC	Bis(4-methyl-2-pentyl) phthalate (GC)	ND (<0.8 ng/g)	Conforms to EPA/AHPA
NC	Dicyclohexyl phthalate (DCHP) (GC)	ND (<2 ng/g)	Conforms to EPA/AHPA
NC	Dibutyl phthalate (GC)	680.60 ng/g	Conforms to EPA/AHPA
NC	Diethyl phthalate (GC)	220.48 ng/g	Conforms to EPA/AHPA
NC	Dihexyl phthalate (GC)	ND (<1.2 ng/g)	Conforms to EPA/AHPA
NC	Diisobutyl phthalate (GC)	252.98 ng/g	Conforms to EPA/AHPA
NC	Dimethyl Phthalate (GC)	27.26 ng/g	Conforms to EPA/AHPA
NC	Dipentyl phthalate (GC)	ND (<1 ng/g)	Conforms to EPA/AHPA
NC	Di-n-octyl phthalate (DNOP) (GC)	56.51 ng/g	Conforms to EPA/AHPA
WEI02	Average Fill Weight (based on 10)	668.92 mg/softgel	
GLY06	Glyphosate (LC/MS)	Not Detected (LOD< 0.1 ppm)	Report Only
		Test Note: Test Performed At CG Burbank. Test Method: MQLTM-1188 By LCMS.	
AFL11	Aflatoxin (LC-MS/MS)	Completed	
		Test Note: Total Aflatoxins (B1, B2, G1,G2): Not Detected,<20ppb	
NC	Aflatoxin LC/MS B1	Not Detected,<5ppb	NMT 0.02ppm
NC	Aflatoxin LC/MS B2	Not Detected,<5ppb	NMT 0.02ppm
NC	Aflatoxin LC/MS G1	Not Detected,<5ppb	NMT 0.02ppm
NC	Aflatoxin LC/MS G2	Not Detected,<5ppb	NMT 0.02ppm

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Billing Code	Analysis - Method	Result	Spec
OMG12	Omega 3 (EPA and DHA breakdown) SOP 3.2.8	924.24 mg/2 softgels	N/A
NC	OMEGA-3 (DHA) GC SOP 3.2.8	468.06 mg/2 softgels	NLT 400 mg/2 softgels
NC	OMEGA-3 (EPA) GC SOP 3.2.8	456.20 mg/2 softgels	NLT 400 mg/2 softgels
NC	Chlorpyrifos-methyl (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Hexachlorocyclohexane (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits
NC	Methamidophos (LOD 0.01 mg/kg)	ND	Conform USP Pharmacopeial Residue Limits

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Sample Temperature Upon Receipt : 25.0 deg C

Remarks :

Certified Group - Tustin is accredited to the ISO/IEC 17025:2017 standard and specializes in the testing of botanical ingredients, dietary supplements, and foods. Certified Group - Tustin is not an FDA drug registered facility, therefore any data or results provided by Certified Group - Tustin are not intended to fulfill any requirements under the drug cGMPs dictated in 21 CFR Parts 210 and 211.

All results contained in the above report relate only to the items tested. All samples received in satisfactory condition unless noted otherwise. *The indicated information has been provided by the client to Certified Group - Tustin.

For Questions or Comments Contact :
Customer Experience Team
714-259-0384 or
customerexperience_tustin@certifiedgroup.com

Approved By : Katerina Baldwin, Laboratory Directory

Signature : 

Lonza

Certificate of Analysis

Licaps Encapsulation

Customer Name	Continuance LLC dba Blueprint		
Filling Product	Omega 3		
Product Lot Number	6112704	Process Order Number	4497529
Capsugel General Information			
Capsule Size: 00	Body Color: Natural	Print Logo (B/C):	NA
Capsule Type: DRCaps®	Cap Color: Natural	Print Ink (B/C):	NA
Product Formula Number	FR-0053904	Country of Manufacture	USA
Lot Quantity (capsules)	843,410	Manufacturing Date	8/29/2025
Average Capsule Wt, mg	797.550	Conforms to USP <2091> Weight Variation of Dietary Supplements	
Composition			
Actives	mg/capsule		
Algae Oil 400 200 (Elantria®)	525.000		
EPA (5% Overage)			
DHA (5% Overage)			
Algae Oil DHA 700 (Elantria®)	150.000		
DHA (5% Overage)			
Excipients			
Orange Oil Organic			
Flavor Coating			
Lemon Oil Cold-Pressed			
Testing Requirements			
Microbiological	Specifications	Results	Reference
Total Aerobic Count	≤ 1,000 cfu/g	< 1,000 cfu/g	USGW-1222
Yeast and Mold	≤ 100 cfu/g	< 100 cfu/g	USGW-1222
Salmonella	Absent/25g	Absent	USGW-1222
E. coli	Absent/10g	Absent	USGW-1222
S. aureus	Absent/10g	Absent	USGW-1222
Analytical	Specifications	Results	Reference
Disintegration	> 30 minutes	> 30 minutes	USGW-634
Arsenic	≤ 5 mcg/capsule	< 0.0127mcg/cap	USGW-777
Cadmium	≤ 2.05 mcg/capsule	< 0.0064 mcg/cap	USGW-777
Lead	≤ 0.25 mcg/capsule	0.0089 mcg/cap	USGW-777
Mercury	≤ 0.15 mcg/capsule	< 0.0064 mcg/cap	USGW-777
Allergen Statement: Of the 9 major allergens (milk, egg, fish, crustacean/shellfish, tree nuts, peanuts, wheat, soybeans or sesame) this product contains: None			
This product is manufactured exclusively as a dietary supplement in accordance with 21 CFR 111 - Current Good Manufacturing Practice in Manufacturing, Packaging, Labeling, or Holding Operations for Dietary Supplements.			
Other Quality Requirements			
All Deviations / OOS Investigations / Validations are complete	Y / N / (NA)		
List any deviation numbers:	NA		
Master Batch Record	16.2.0 29AUG2025		
Version Number / Effective date			
QA Approval Signature / Date:	18 SEP 2025		
Printed Name / Title	Davita Watkins QA Specialist II		
QA Verification Signature / Date:	18 SEP 2025		
Printed Name / Title	John Darley Associate Director, QA		